

Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

Apr 20, 2012

World's Fare

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/01/2012																
World's Fare	Total	600														
Sandwich, Pork Rib-B-Que	1 Each	300	320	40	750	2.00	2.88	60.0	300	60	1.2	18.01	38.0	11.0	3.00	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			892	50	1200	10.28	12.89	556.3	5212	1029	40.62	34.81	141.48	22.07	5.39	0.00
% of Calories												15.6%	63.4%	22.3%	5.4%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			105%	50%	71%	121%	286%	139%	347%		212%	208%				
Shortfall				50	492											

Wed - 05/02/2012																
World's Fare	Total	600														
ORI CHIX Brd GenTsao	1 Each	300	402	45	474	2.91	4.50	111.9	1088	218	67.45	21.73	57.27	10.29	2.04	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			933	53	1062	10.73	13.70	582.3	5605	1108	73.75	36.66	151.11	21.72	4.91	0.00
% of Calories												15.7%	64.8%	20.9%	4.7%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			110%	53%	63%	127%	304%	146%	374%		384%	220%				
Shortfall				47	630											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/03/2012																
World's Fare	Total	600														
FRITO TACO SALAD	1 Each	300	441	51	786	2.98	2.06	328.1	974	195	5.17	20.78	22.59	29.28	4.53	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted	Servings	300	104	2	126	0.33	0.48	26.7	0	0	0.0	2.01	17.41	2.52	0.34	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			965	57	1247	10.76	12.48	687.1	5549	1097	42.61	36.70	135.15	31.63	6.32	0.00
% of Calories												15.2%	56.0%	29.5%	5.9%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			114%	57%	74%	127%	277%	172%	370%		222%	220%				
Shortfall				43	445											

Fri - 05/04/2012																
World's Fare	Total	600														
Sub, Meatball It.	Each	300	402	41	922	4.30	2.63	228.4	294	59	3.8	21.04	45.51	15.01	5.76	0.56
Potato, Fry Twister Orig Btter	3 oz servin	300	160	0	320	2.00	1.08	0.0	0	0	6.0	2.0	20.0	8.0	2.00	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			1013	51	1446	12.43	13.30	640.6	5208	1029	44.92	37.32	155.23	28.08	7.76	0.28
% of Calories												14.7%	61.3%	24.9%	6.9%	0.2%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			120%	51%	85%	147%	296%	160%	347%		234%	223%				
Shortfall				49	246											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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1 - denotes optional nutrient values

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Mon - 05/07/2012																
World's Fare	Total	600														
Sweet & Sour Chicken w/Rice II	1/2 CUP	300	374	30	713	2.28	3.15	54.7	141	28	33.19	14.97	47.31	14.1	2.53	0.00
Cookie, Fortune	1 EACH	300	90	0	100	0.00	1.44	80.0	0	0	0.0	1.0	16.0	3.0	0.50	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange	1 Cup	300	55	0	15	0.00	0.00	0.0	0	0	15.0	0.5	13.5	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			974	45	1234	10.42	13.74	593.7	5132	1014	59.12	33.87	156.38	25.12	5.40	0.00
% of Calories												13.9%	64.3%	23.2%	5.0%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			115%	45%	73%	123%	305%	148%	342%		308%	203%				
Shortfall				55	458											

Tue - 05/08/2012																
World's Fare	Total	600														
Chili Size	1 Each	300	387	86	766	2.07	2.42	540.0	620	124	0.0	33.54	10.03	22.01	10.68	0.50
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted	Servings	300	104	2	126	0.33	0.48	26.7	0	0	0.0	2.01	17.41	2.52	0.34	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			938	74	1237	10.31	12.66	793.0	5371	1061	40.02	43.08	128.87	28.00	9.39	0.25
% of Calories												18.4%	55.0%	26.9%	9.0%	0.2%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			111%	74%	73%	122%	281%	198%	358%		208%	258%				
Shortfall				26	455											

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World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/09/2012																
World's Fare	Total	600														
Pasta, Spaghetti W/Meat Sauce	1/2 CUP	300	305	51	343	2.84	2.80	51.6	626	124	9.85	19.15	24.02	14.26	5.10	0.64
BREADSTICK	1 EACH	300	119	0	247	0.99	1.42	0.0	0	0	0.0	4.94	22.75	0.49	0.00	0.00
Potato, Fry Twister Orig Btter	3 oz servin	300	160	0	320	2.00	1.08	0.0	0	0	6.0	2.0	20.0	8.0	2.00	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			1024	56	1280	12.19	14.10	552.1	5375	1061	47.95	38.85	155.86	27.95	7.43	0.32
% of Calories												15.2%	60.9%	24.6%	6.5%	0.3%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			121%	56%	76%	144%	313%	138%	358%		250%	233%				
Shortfall				44	412											

Thu - 05/10/2012																
World's Fare	Total	600														
Sandwich, Grilled Cheese	Sandwich	300	322	20	806	4.00	1.44	1558.7	911	182	0.0	12.07	29.01	18.2	9.62	0.00
Soup, Tomato	Serving	300	89	0	473	0.99	0.71	0.0	394	79	5.91	1.97	19.71	0.0	0.00	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - denotes optional nutrient values

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			938	40	1464	11.77	12.52	1305.7	5714	1130	42.98	32.82	146.84	25.67	8.70	0.00
% of Calories												14.0%	62.6%	24.6%	8.3%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			111%	40%	87%	139%	278%	326%	381%		224%	197%				
Shortfall				60	228											

Fri - 05/11/2012																
World's Fare	Total	600														
CORN DOG	1 Each	300	212	15	505	0.00	1.09	0.0	0	0	0.0	7.06	17.16	13.12	5.05	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange	1 Cup	300	55	0	15	0.00	0.00	0.0	0	0	15.0	0.5	13.5	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			847	38	1080	9.28	11.99	526.3	5062	999	42.52	29.42	133.31	23.13	6.41	0.00
% of Calories												13.9%	62.9%	24.6%	6.8%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			100%	38%	64%	110%	267%	132%	337%		221%	176%				
Shortfall				62	612											

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

Apr 20, 2012

Page 6

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/14/2012																
World's Fare	Total	600														
Chicken Wings, Fiery Hot	Serving	300	226	22	809	0.00	1.08	20.0	100	20	0.0	17.0	8.13	14.0	4.00	0.00
POTATO, FF 1/4" Gen7	4 oz. servin	300	33	0	36	0.54	0.07	0.0	0	0	1.09	0.36	4.71	1.45	0.09	0.00
BOWL, Chicken Country	1 Each	200	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Org, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			785	34	1090	8.74	11.66	506.6	5065	1000	35.35	30.91	119.87	21.34	5.25	0.00
% of Calories												15.8%	61.1%	24.5%	6.0%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			93%	34%	64%	103%	259%	127%	338%		184%	185%				
Shortfall			61	66	602											

Tue - 05/15/2012																
World's Fare	Total	600														
Sandwich, Chicken Parmesan	1 each	300	459	30	1191	8.05	4.35	205.3	301	60	4.0	22.08	48.74	18.24	4.06	0.00
BEANS, Green Canned 1/4c	1/4 Cup	300	41	0	260	0.93	0.35	11.5	318	50	1.66	0.49	1.92	3.65	1.81	0.00
BOWL, Chicken Country	1 Each	200	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Org, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			983	45	1550	13.77	13.80	634.8	5371	1055	42.85	37.09	147.81	27.51	6.82	0.00
% of Calories												15.1%	60.2%	25.2%	6.2%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			116%	45%	92%	163%	307%	159%	358%		223%	222%				
Shortfall				55	142											

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/16/2012																
World's Fare	Total	600														
Chili Cheese Dog	1 Each	300	413	43	1196	3.38	2.41	103.1	115	23	0.0	16.14	37.15	22.05	8.11	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
POTATO, FF 1/4" Gen7	4 oz. servin	300	33	0	36	0.54	0.07	0.0	0	0	1.09	0.36	4.71	1.45	0.09	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			955	51	1441	11.24	12.69	577.9	5119	1011	40.56	34.05	143.41	28.32	7.99	0.00
% of Calories												14.3%	60.1%	26.7%	7.5%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			113%	51%	85%	133%	282%	144%	341%		211%	204%				
Shortfall				49	251											

Thu - 05/17/2012																
World's Fare	Total	600														
FRENCH TOAST STICKS, AP B 4e	4 Sticks	300	322	0	426	1.04	1.87	62.4	0	0	0.0	5.2	46.78	12.47	3.12	0.00
Sausage, Pork Patty	1 Each	300	80	20	270	0.00	0.00	0.0	0	0	0.0	7.0	1.0	6.0	0.00	0.00
SYRUP PC	1 EACH	300	124	32	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			995	56	1173	9.80	12.39	557.5	5062	999	40.02	31.90	146.37	25.81	5.45	0.00
% of Calories												12.8%	58.8%	23.3%	4.9%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			118%	56%	69%	116%	275%	139%	337%		208%	191%				
Shortfall				44	519											

Fri - 05/18/2012																
World's Fare	Total	600														
ORI CHIX Brd GenTsao II	1 Each	300	410	45	1155	3.31	4.91	111.0	1077	215	53.3	21.83	56.29	10.75	2.04	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orng, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			937	53	1402	10.93	13.90	581.8	5600	1107	66.67	36.72	150.62	21.94	4.91	0.00
% of Calories												15.7%	64.3%	21.1%	4.7%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			111%	53%	83%	129%	309%	145%	373%		347%	220%				
Shortfall				47	290											

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/21/2012																
World's Fare	Total	600														
Sub, Meatball It.	Each	300	402	41	922	4.30	2.63	228.4	294	59	3.8	21.04	45.51	15.01	5.76	0.56
Potato, Fry Twister Orig Btter	3 oz servin	300	160	0	320	2.00	1.08	0.0	0	0	6.0	2.0	20.0	8.0	2.00	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orgn, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			1013	51	1446	12.43	13.30	640.6	5208	1029	44.92	37.32	155.23	28.08	7.76	0.28
% of Calories												14.7%	61.3%	24.9%	6.9%	0.2%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			120%	51%	85%	147%	296%	160%	347%		234%	223%				
Shortfall				49	246											
Tue - 05/22/2012																
World's Fare	Total	600														
FRITO TACO SALAD	1 Each	300	441	51	786	2.98	2.06	328.1	974	195	5.17	20.78	22.59	29.28	4.53	0.00
BOWL, Chicken Country	1 Each	300	459	40	947	4.83	2.19	178.2	278	56	31.31	21.44	54.19	17.7	4.12	0.00
CARROTS, Fresh Baby IW Bag	1.6 oz. Bag	300	20	0	23	1.16	0.00	11.6	7851	1570	3.49	0.58	4.65	0.0	0.00	0.00
Fruit, Apple, Orgn, Bana	1/2 Cup	300	76	0	1	2.90	0.27	24.1	145	25	29.2	0.88	19.24	0.2	0.06	0.00
Juice, 4oz. Apple/Orange/Grape	1 Cup	300	37	0	10	0.00	0.00	0.0	0	0	10.0	0.33	9.0	0.0	0.00	0.00
Crackers, Assorted II	Servings	300	80	0	68	0.33	0.48	33.3	0	0	0.0	1.0	14.67	1.67	0.00	0.00
Yogurt & Granola II	1 Each	300	232	5	145	2.60	1.56	116.7	684	137	1.04	6.8	46.05	2.74	1.10	0.00
Trail Mix, Fruit & Nut	3 oz Servin	300	277	0	5	6.72	18.03	88.7	165	11	0.2	3.72	60.33	2.51	0.16	0.00
MILK WHITE LOWFAT 1%	1 Each	300	100	10	125	0.00	0.00	300.0	500	100	2.4	8.0	12.0	2.5	1.50	0.00
MILK CHOCOLATE FF	1 Each	300	130	5	220	0.00	0.36	300.0	500	100	2.4	8.0	24.0	0.0	0.00	0.00
Dressing, Ranch PC	Packet	250	65	0	125	0.00	0.00	0.0	0	0	0.0	1.02	1.0	7.0	1.00	0.00
Weighted Daily Average			953	56	1218	10.76	12.48	690.4	5549	1097	42.61	36.19	133.78	31.21	6.15	0.00
% of Calories												15.2%	56.2%	29.5%	5.8%	0.0%
Nutrient Guideline			846	100	1692	8.46	4.50	400.00	1500		19.20	16.70		<=30.0	<10.00	
% of Guideline Satisfied			113%	56%	72%	127%	277%	173%	370%		222%	217%				
Shortfall				44	474											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

1- denotes optional nutrient values

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Lake Havasu Unified School District

May 1, 2012 thru May 23, 2012 Spreadsheet - Portion Values

World's Fare

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			947	51	1286	10.99	12.98	651.7	5325	1052	46.72	35.48 15.0%	143.83 60.8%	26.10 24.8%	6.63 6.3%	0.07 0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	947		846	112%			
Cholesterol (mg)	51		100	51%			
Sodium (mg)	1286		1692	76%			
Fiber (g)	10.99		8.46	130%			
Iron (mg)	12.98		4.50	288%			
Calcium (mg)	651.7		400.00	163%			
Vitamin A (IU)	5325		1500	355%			
Vitamin A (RE)	1052		300	351%			
Vitamin C (mg)	46.72		19.20	243%			
Protein (g)	35.48	14.99%	16.70	212%			
Carbohydrate (g)	143.83	60.78%					
Total Fat (g)	26.10	24.81%	<=30.00%				
Saturated Fat (g)	6.63	6.30%	<10.00%				
Trans Fat (g)	0.07	0.07%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes optional nutrient values

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